

FUN TO LEARN SERIES

I ATE THE PYRAMID™



A FUN FAMILY CARD GAME
ABOUT HEALTHY EATING

RECOMMENDED BY PARENTS AND TEACHERS



How to Play: Players try to collect the correct number of each of the food group cards. The first player to collect all five sets – WINS! Protect your completed sets with Tummy Cards but watch out for the Double Gobble, Switch and Cookie card.

For ages 4 and up. 2-5 Players.
Playing Time: Approx. 20 minutes

Contents: 152 playing cards
Pyramid Wins Tracking Note Pad
4 Card Holders



Easy for young children to learn and play, all the cards are placed face up.

Parents, stop nagging your children to eat healthfully and start playing and planting the seeds of more healthy eating choices.

A game your family will want to play again and again.
Lots of fun twists and turns.

BONUS FEATURE

I ATE THE PYRAMID [LIFE]
... WHERE GAME AND LIFE INTERSECTS

Track your everyday eating and learn healthy habits for a lifetime.

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Ways to Play

INGREDIENTS:
A BIG PORTION OF FUN
WITH A PINCH OF LEARNING



Great for anyone who wants to track their eating.

www.IAteThePyramid.com
Email: BHANNow@aol.com
Phone: (914) 473-6417 • Fax: (914) 472-2170